

## 10 km - Homme

|   |      |                | Pos<br>Course | Pos<br>Cat. | Cat. | Temps      | TpsKm | KmH  |
|---|------|----------------|---------------|-------------|------|------------|-------|------|
| 1 | 3004 | Alex Servais   | 1             | 1           | H    | 0:36:09'94 | 3:37  | 16,6 |
| 2 | 3033 | Clément Spits  | 2             | 2           | H    | 0:38:50'15 | 3:53  | 15,4 |
| 3 | 3067 | Gilles Longton | 3             | 3           | H    | 0:43:46'20 | 4:23  | 13,7 |

## 10 km - Femme

|   |      |                   | Pos<br>Course | Pos<br>Cat. | Cat. | Temps      | TpsKm | KmH  |
|---|------|-------------------|---------------|-------------|------|------------|-------|------|
| 1 | 3053 | Emilie Humblet    | 12            | 1           | F    | 0:47:31'04 | 4:45  | 12,6 |
| 2 | 3008 | Anne Loly         | 22            | 2           | F    | 0:55:51'52 | 5:35  | 10,7 |
| 3 | 3072 | Laurence Fissette | 24            | 3           | F    | 0:56:38'02 | 5:40  | 10,6 |

## 5 km - Homme

|   |      |                   | Pos<br>Course | Pos<br>Cat. | Cat. | Temps      | TpsKm | KmH  |
|---|------|-------------------|---------------|-------------|------|------------|-------|------|
| 1 | 2525 | Jerome Trippaers  | 1             | 1           | H    | 0:19:14'68 | 3:51  | 15,6 |
| 2 | 2565 | Mattéo Vandecruys | 2             | 2           | H    | 0:19:35'32 | 3:55  | 15,3 |
| 3 | 2503 | Florian Paulus    | 3             | 3           | H    | 0:21:46'50 | 4:22  | 13,8 |

## 5 km - Femme

|   |      |               | Pos<br>Course | Pos<br>Cat. | Cat. | Temps      | TpsKm | KmH  |
|---|------|---------------|---------------|-------------|------|------------|-------|------|
| 1 | 2532 | Lou Spits     | 4             | 1           | F    | 0:22:20'42 | 4:28  | 13,4 |
| 2 | 2549 | Lise Fanielle | 16            | 2           | F    | 0:24:42'30 | 4:56  | 12,1 |
| 3 | 2587 | Rose Vervier  | 22            | 3           | F    | 0:26:24'53 | 5:17  | 11,4 |