

## 10 km - Homme

			Pos	Pos				
			Course	Cat.	Cat.	Temps	TpsKm	KmH
1	3422	Paolo Straet	1	1	SeH	0:33:03'31	3:14	18.5
2	3421	Arnaud Collard	2	2	SeH	0:33:30'08	3:17	18.3
3	3103	Vincent Castermans	3	3	SeH	0:33:31'43	3:17	18.3

## 10 km - Femme

			Pos	Pos				
			Course	Cat.	Cat.	Temps	TpsKm	KmH
1	3141	Francoise Muller	39	1	Ai1	0:41:18'72	4:03	14.8
2	3032	Sophie El Abbas	46	1	Dam	0:41:45'01	4:05	14.7
3	3221	Pauly Aurore	52	2	Dam	0:42:37'36	4:11	14.4

## 6 km - Homme

			Pos	Pos				
			Course	Cat.	Cat.	Temps	TpsKm	KmH
1	2639	Eddy Vanderputte	1	1	SEH	0:22:11'52	3:25	17.6
2	2630	Estebez Estebez	2	2	SEH	0:24:32'61	3:47	15.9
3	2640	Philippe Delcour	3	3	SEH	0:25:25'73	3:55	15.3

## 6 km - Femme

			Pos	Pos				
			Course	Cat.	Cat.	Temps	TpsKm	KmH
1	2552	Olivia Fracassi	13	1	SEF	0:28:34'86	4:24	13.6
2	2558	Justine Gomboso	15	2	SEF	0:28:47'59	4:26	13.5
3	2617	Clara Bruwier	17	1	ESF	0:29:16'51	4:30	13.3

## Trail - Homme

			Pos	Pos				
			Course	Cat.	Cat.	Temps	TpsKm	KmH
1	4642	Mikail Demirkazan	1	1	H	1:10:57'90	3:45	16.0
2	4330	Manu Ordonez	2	2	H	1:15:24'33	3:59	15.0
3	4484	Geoffrey Masuy	3	3	H	1:16:27'97	4:03	14.8

## Trail - Femme

			Pos	Pos				
			Course	Cat.	Cat.	Temps	TpsKm	KmH
1	4415	Valentine Mathy	22	1	F	1:28:36'16	4:41	12.8
2	4105	Stéphanie Ortmans	34	2	F	1:31:00'44	4:49	12.5
3	4132	Sophie Theys	51	3	F	1:33:27'08	4:56	12.1